

7,5 km, MSB

1. Geschwendtner, Ulf	96	SV Fortuna Schmölln	34:54,0
2. Gärtner, Alexander	97	Junior Running Gags	36:42,0
3. Damske, Marwin	96	SVG Eggesin 90	40:25,0
4. Köppen, Sebastian	96	Junior Running Gags	51:51,0

7,5 km, MSA

1. Ihlenburg, Julius	95	SVG Eggesin 90	34:33,0
2. Wendel, Toni	95	SV Turbine Neubrandenburg	38:22,0

7,5 km, MJB

1. Wurm, Johannes	93	LSV Güstrow	32:16,0
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7,5 km, M30

1. Martinat, Riky	78	Rotheburg	36:52,0
2. Hinzpeter, Ronny	76	1. LAV Torgelow	43:42,0

7,5 km, M65

1. Schulz, Dr. Peter-Christian	41	SV Turbine Neubrandenburg	49:16,0
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7,5 km, M70

1. Mattke, Dietrich	39	FHSG Stralsund	34:11,0
2. Domahs, Erich	38	HSV Neubrandenburg	34:26,0
3. Garnitz, Horst	39	SV Post Telekom Schwerin	37:58,0
4. Freiberg, Werner	37	FHSG Stralsund	38:27,0
5. Schwarz, Günter	38	SV Einheit Ueckermünde	43:31,0
6. Brockmann, Diedrich	38	SV Turbine Neubrandenburg	44:00,0
7. Poschmann, Herbert	36	HSG Uni Greifswald	44:14,0

7,5 km, M75

1. Wendt, Fred	34	SV scn energy Torgelow	46:30,0
2. Glander, Siegfried	32	SV Motor Barth	47:52,0

7,5 km, WSB

1. Stelter, Antonia	97	SVG Eggesin 90	38:42,0
2. Pirk, Saskia	97	Junior Running Gags	41:14,0
3. Schumann, Lisa	96	Junior Running Gags	51:50,0

7,5 km, WJA

1. Würfel, Susanne	90	LSV Tetrow	44:03,0
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7,5 km, W20

1. Eltschkner, Sandra	87	Greifswalder SV 04	29:11,0
2. Forberger, Bernadett	88	HSV Neubrandenburg	40:42,0
3. Bogdanovic, Xenia	89	HSG Uni Greifswald	42:50,0

7,5 km, W30

1. Bender, Ivonne	75	HSV Neubrandenburg	36:21,0
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7,5 km, W35

1. Siewert, Carmen	72	Greifswalder SV 04	27:44,0
2. Exner, Jana	74	HSV Neubrandenburg	31:31,0
3. Schulz, Britta	71	HSG Uni Greifswald	32:26,0
4. Bahlo, Jana	70	Laufteam Rügen	34:45,0
5. Brüssow, Margrit	73	SV Motor Wolgast	40:57,0
6. Otto, Anja	71	HSG Uni Greifswald	46:55,0

7,5 km, W40

1. Jerschabek-Keipke, Birgit	69	FHSG Stralsund	30:48,0
2. Bromund, Bianka	66	SV Turbine Neubrandenburg	41:14,0
3. Nitsche, Kathrin	69	Ferdinandshof	45:24,0

7,5 km, W45

1. Mehlhorn, Andrea	64	SV Post Telekom Schwerin	30:52,0
2. Cools, Kerstin	62	HSV Neubrandenburg	32:51,0
3. Lindow, Margitta	61	SV Turbine Neubrandenburg	34:14,0
4. Gärtner, Sabine	64	Running Gags Löcknitz	35:40,0
5. Henn, Veronique	62	HSG Uni Greifswald	36:35,0

6. Aßmann, Angela	60	ESV Lok Neustrelitz	36:59,0
7. Dietrich, Antje	63	SV Motor Wolgast	37:02,0
8. Kurth, Elke	60	SV Turbine Neubrandenburg	40:42,0
9. von Bastian, Sybille	64	SVG Eggesin 90	42:22,0
10. Zitzow, Ute	62		45:15,0
11. Würfel, Petra	62	LSV Tetrow	49:05,0

7,5 km, W50

1. Mundt, Sylvia	59	HSV Neubrandenburg	34:34,0
2. Meissner, Sabine	59	SV Turbine Neubrandenburg	39:07,0
3. Bick, Roswitha	57	SV Einheit Ueckermünde	43:07,0

7,5 km, W55

1. Heinrich, Elke	53	Laufteam Rügen	37:51,0
2. Brockmann, Waltraud	52	SV Turbine Neubrandenburg	43:44,0
3. Bilda, Margitta	51	SV Turbine Neubrandenburg	46:12,0
4. Komaritzan, Hanne	50	HSV Neubrandenburg	51:16,0
5. Seyfert, Gabi	54	Neubrandenburg	1:10:14,0

7,5 km, W60

1. Unterberger, Gisela	45	HSG Uni Greifswald	42:58,0
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7,5 km, W65

1. Schultz, Dr. Ingeborg	43	SV Turbine Neubrandenburg	49:16,0
2. Binding, Inger	42	HSG Uni Greifswald	54:05,0

7,5 km, W70

1. Garnitz, Waltraud	39	SV Post Telekom Schwerin	48:28,0
2. Glander, Christel	37	SV Motor Barth	51:09,0